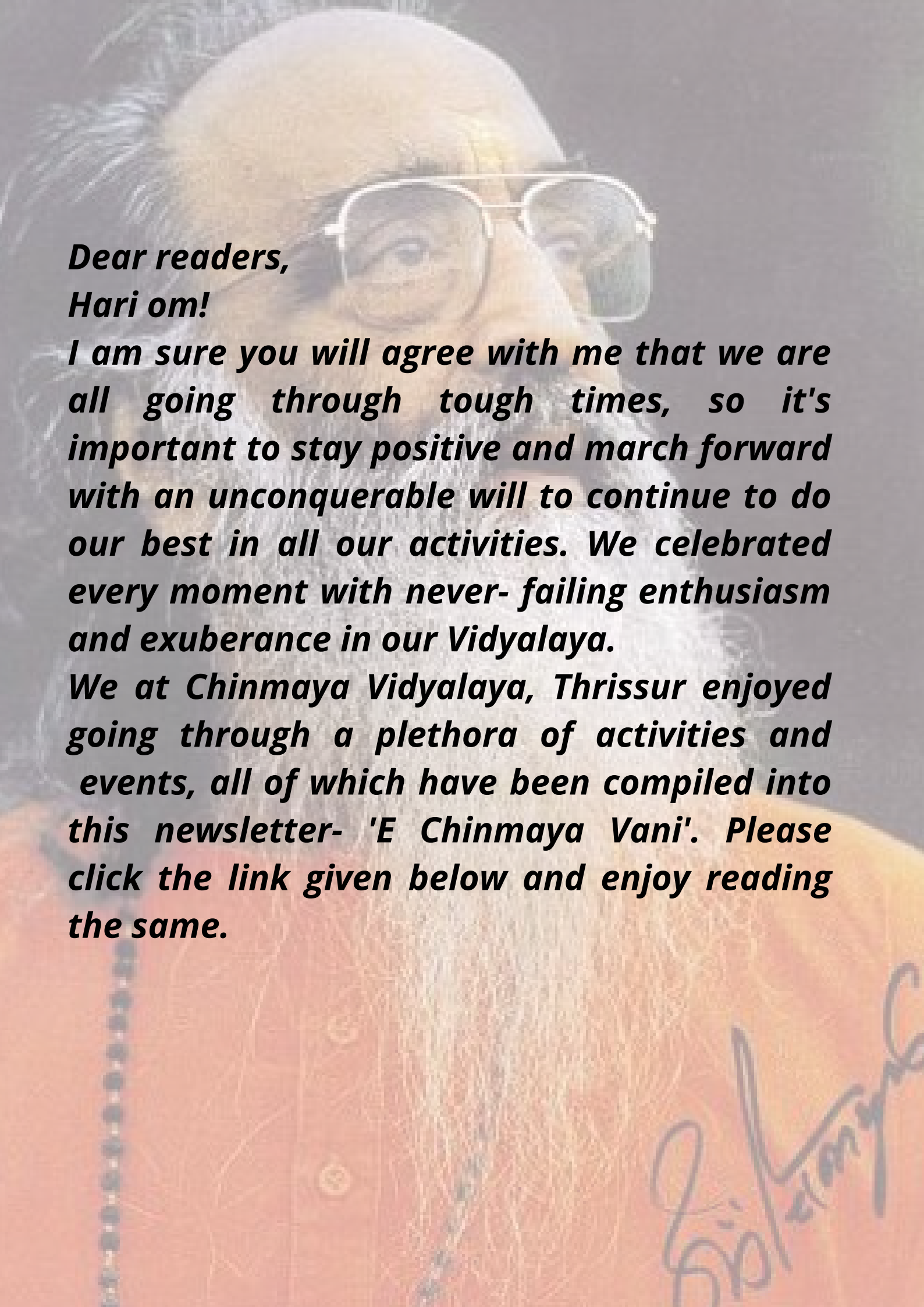


Chinmaya Vidyalaya Kolazhy Newsletter

CHINMAYA VAANI

EDITORS

ABHIRAM MS
SHIKHA MARIAM JOHN



***Dear readers,
Hari om!***

I am sure you will agree with me that we are all going through tough times, so it's important to stay positive and march forward with an unconquerable will to continue to do our best in all our activities. We celebrated every moment with never-failing enthusiasm and exuberance in our Vidyalyaya.

We at Chinmaya Vidyalyaya, Thrissur enjoyed going through a plethora of activities and events, all of which have been compiled into this newsletter- 'E Chinmaya Vani'. Please click the link given below and enjoy reading the same.

Signature

Message from Principal and Vice Principal

Hari Om!

When passion meets enthusiasm our purpose for life is achieved. When dreams are spiced and flavoured with sincerity, devotion and dedication the result is success! Success is sweet, attainable and intoxicating. Each one of us secretly strive to achieve success and devise various methods to achieve the same. We must align our life through positive activities, always mindful of others and contribute to the society through our service. Let us reawaken our passion, feel alive and enthused to serve the society. Pranams to the Omnipresent Supreme and to our Poojya Gurudev H. H. Swami Chinmayanandaji for enabling us to function with enthusiasm. We offer all our achievements at His Holy Feet as our humble Gurudakshina. With Prem & Om

Principal
Shoba Menon



Hari om!

A quote from John Maxwell reads: "Talent is gift, but character is a choice." Undoubtedly talent is essential to achieve success in all our endeavours, and at the same time character is equally important to experience genuine happiness and to lead a quality life. Challenging changes have become the order of the day, while survival of the fittest continues to remain as a salient part of every one's normal day today existence. In the present times our youngsters have access to a plethora of information and opportunities too. Myriad avenues keep opening up in front of them and the real challenge lies in prudently discriminating between the right and the wrong. Our youth should tread the path of righteousness as carefully as walking on a tight rope. With alacrity and dexterity, they should plod on so as to avoid the pitfalls. Faith in God and faith in themselves should be the tools in their hands as they progress forward. Most importantly, this is the right time to count our blessings and thank God for keeping us safe and healthy. My dear children, study well, play well, be happy and enjoy the school days. Your school days should always bring memories of happiness and calmness like dew drops on grass. Keep smiling, stay safe, stay blessed.

Vice Principal
Usha Prem





CORONAVIRUS

The petrifying and severe impact of COVID-19 has shaken the world to its core. Further, most of the Governments around the world have temporarily closed educational institutions in an attempt to contain the spread of the COVID-19 pandemic.

Digital education appears to be a viable solution to fill in the void for classroom education for a period of three to four months while minimizing the chances of any infection to students until classes resume. We also follow the same trend of digital education in our school too.



ONLINE CLASSES FOR STUDENTS

As the sudden lockdown put the vacation classes of 10th and 12th standards on hold, online classes were started, after a short break. The classes were conducted through various methods, video and audio clips to name a few. As the actual classes couldn't be conducted in June, classes for LKG to 12th students were conducted online. On account of this, the Computer Science Dept. had launched a training programme specifically aimed at sensitising the teachers and training them for the use of Google Meet and Google Classroom. A special time table was prepared for all the classes. For the primary classes, the classes are being held for an hour every day while for higher classes more hours were allotted. Teachers have adopted various methods for online training like YouTube Channels, Google Meet, Google Classroom, PPTs, etc. The IT Dept. has done a commendable job in training the teachers.

INDUCTION PROGRAMME FOR CLASS 11TH

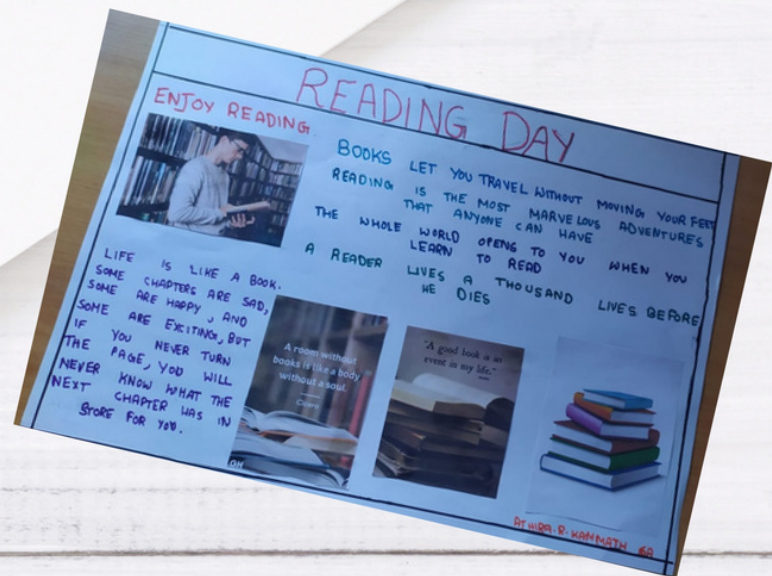
An Induction Programme for the new batch of students of class 11th was organised virtually on 19th June 2020. It was held in two sessions – one for classes 11A and 11B, next for classes 11C and 11D. The programme started with a prayer, after which our Head Boy and Head Girl welcomed the gathering. Our Principal addressed the gathering virtually by presenting a video of the school and the facilities available and the details about the courses and exams and co-curricular activities. Our Vice Principal gave the vote of thanks, which was followed by a video prepared by the students of class 12th. Then, the captains introduced themselves and gave a short message of encouragement to their juniors. The meeting was also graced by the presence of our Director of Education, Headmistress, and Senior Headmistress.



Chinmaya Vidyalaya Thrissur
Std XI Induction Meeting 2020

READING DAY

A webinar organised on the occasion of Reading day was an enriching experience for all. Smt. Mridula, Principal of Co-Operative School, who is a commendable columnist, was invited as the chief guest. The programme was held on the 19th of June, 2020. Our Principal had welcomed the gathering by speaking on the importance of reading in our lives.



INTERNATIONAL YOGA DAY

The International Yoga Day was celebrated by the entire school at their respective homes with the theme 'Yoga for Health. Yoga at Home'. A short video was created displaying the students and teachers in various yoga postures. Our Principal, Vice Principal, and Headmistress spoke on the relevance of yoga in our daily life.



CHARITY

Mathrubhumi in association with Thrissur Plastic Surgeons' Association sponsored two televisions for the needy children of the Vidyalaya. Two deserving children were identified and the televisions were handed over to them.

A sum of Rs.10,000/- was contributed to Punarjani: A unit of Thrissur Medical College. This sum in turn was used for the purchase of medicines for terminally ill patients coming from socially and economically backward families.



WEBINAR FOR TEACHERS AND STUDENTS

A webinar by Dr. Anju Tresa Andrews, a consultant psychologist at the Elite Mission Hospital, Thrissur, was conducted for the teachers and students. For the teachers, the topic was "How to build a positive teacher-student relationship". Dr. Anju gave a detailed explanation on the topic and mentioned that the teachers have various roles in a student's life – a mother, a guide, a supporter, and a motivator. It was a lively webinar and the teachers enjoyed it very well. For the students, the webinar was on "The effects of social media on the life choices of modern youth". Dr. Anju explained the topic quite well and in an interesting way too. There was an interactive session in the end where the students could ask their queries and give their opinions on the topic. It was a fun-filled and interesting session and the students enjoyed it a lot.



ACHIEVEMENTS



Results of the AISSCE and AISSE 2020 was declared on the 13th and 15th of July, 2020 respectively. Our students have always kept the Chinmaya flag flying high with their remarkable and phenomenal results

The school toppers for:

•°•AISSCE

•Science

Rohit Viswanathan

Bharat Sanjeev Perozhi

Arya Unni

Unnimaya C. P.

•Commerce

Athira P. Jayasankar

Nivedita Balakrishnan

Rishabh Jothish

•°•AISSE

Lynn Mary Jose

Rithvik Padmaraj

Anagha C. N

Nandana S

Dheeraj S



AstraZeneca

Marble Run 2014

Istanbul



Gurudev's Maha Samadhi Day

Our Gurudev's Maha Samadhi Day was observed on August 3rd, 2020 at the Vidyalaya Auditorium adhering to all Government regulations in the pandemic days. It was a function organised for the observance of Mahasamadhi with very few participants and by following all the necessary Covid-19 pandemic protocols. Parallely, a simple function was held online for all the classes (Std.3 – Std.12) separately at 9a.m-9:45am for observing the Mahasamadhi day. During the session, the class teachers explained to the students the importance of this day. Shri. Madhav Das of Biology Dept. (Quiz Coordinator) prepared a quiz named 'Know Gurudev' for the teachers, students and other staff. Smt. Neetu K. U. (Music Dept.) composed a Guru Vandanam song which was rendered by our students and our Dance teachers organised a dance performance by our students on Guru Ashtakam. Both these videos can be found in our Vidyalaya YouTube channel.



Kerala Olympics Association

The Principal of Chinmaya Vidyalaya, Smt. Shobha Menon, was selected by CBSE as the District Coordinator for the Kerala Olympics Association. It is a scientifically designed online programme for all the children from Std.1 to Std.12, called 'Fitness Challenge' 2020. This is designed by the Kerala State Government and SAI (Sports Authority of India).



Alumni Contribution

A contribution of Rs. 4 Lakh+ was received from the Alumni as a mark of solidarity to support the parents who are facing financial constraints for the continuation of their ward's education during the Covid-19 Pandemic. The academic support has been rendered to the genuinely deserving students.

Independence Day Celebrations

Undeterred by the fear of Covid-19, our Vidyalaya celebrated the 74th Independence Day of our country with patriotic fervour and zeal, keeping in mind all the necessary precautions. The national flag was hoisted by our Principal and the Chief Guest at 8:30am. The teachers and staff saluted the national flag and sang the National Anthem. Our Principal started the ceremony with an inspiring speech filled with patriotism wherein she asked the students to become ideal citizens of the country. She also paid tribute to the frontline warriors of this pandemic situation such as our farmers, soldiers, police, doctors, health workers, bankers etc. Followed by the Principal's message, there were wonderful performances of our students from KG to class 12th, reminding us of the supreme sacrifices by our great martyrs for the freedom of our country. It was indeed a wonderful day of joy, a day of remembrance, a day of love, a reminder to make India a better place to live, with freedom, peace and acceptance.



Webinar on Career Guidance

A webinar for the students and their parents of classes 10-12 was organised on 22nd August, 2020. Dr. T. P. Sethumadhavan [Director, UL Education, Education and Career Consultant] was the resource person. The programme started with a prayer followed by the welcome address by our Principal, Smt. Shobha Menon. Sir's talk was highly informative and he mainly focused on the importance of staying positive and staying motivated. He also stressed on the point that every individual should listen to what their heart says and not follow the perceptions of the society. He gave the children insight into the various opportunities open for them. He also gave them advice that while selecting a course, students should concentrate on their interest, aptitude, attitude and goals. Right choice and right involvement are always important. The talk was extremely helpful and quite interesting.

Teacher's Day Celebration

The Teacher's Day was celebrated on an online platform and Smt. Ambika G. and Smt. Jyothi P. were honoured for completing 20 years of dedicated service in the Vidyalaya. We congratulate them on their achievement and thank them for their valuable service towards our institution.

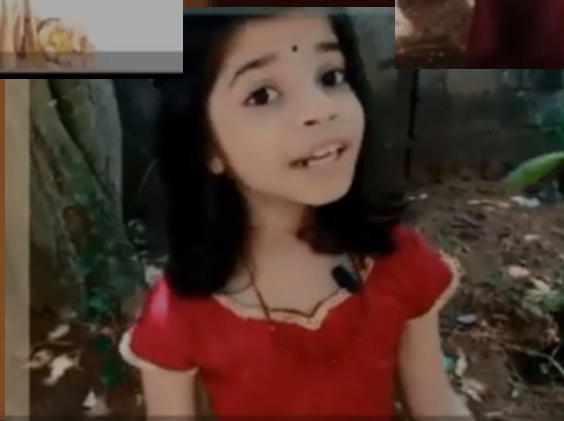


NEET UG Exams 2020

Our school was of the main centres of the medical entrance examination, NEET, for the year 2020. The exam was conducted on 13th of September, 2020. All the safety precautions and COVID-19 protocols were taken care of and the procedures were done in a smooth way. Our Principal functioned as the Centre Superintendent. The exam started at 2pm and ended at 5pm. Out of the 420 candidates allotted, 332 were present.

Onam Celebrations

"Celebrations bring with it joyful moments of love and togetherness." Especially in these times of pandemic, when we are not able to physically meet together to celebrate. Our Vidyalaya celebrated Onam in September through an online platform. The lockdown has not hindered the talents of our students. Under the able guidance and coordination of our teachers Smt. Neetu (music) and Smt. Jeeja (dance) and the wholehearted support of the parents, the online celebrations were mesmerising with its audio-visual treat.



NATIONAL SPORTS DAY

On the memorable occasion of National Sports Day we had prepared a video which includes messages from Our Principal, Vice Principal, Deputy Director, Senior Headmistress and Headmistress.

The video was blessed with the presence of sports legends and celebrities like Sri I M Vijayan (Football legend), K P Rahul (Football player), PU Chithra (Athlete), Narayan Namboothiri (Athletic Association Secretary and member of selection committee). Many of our alumni students who were passionate about sports in their school days and many who continue to follow their passion expressed their exhilaration and their views on the significance of sports and games in our day today life.

POWER IN YOU

In connection with National Sports Day the Dept of Physical Education conducted a Fitness challenge for different categories of students.

MATHRUPOOJA

In order to sow the seed of parental respect among our children, and enable them to reinforce awe and inspiration towards our Indian culture and tradition, Virtual Mathrupooja was observed on 24th October 2020. A special Google Meet was arranged by Class teachers from KG to Std 12, to address the Students and parents and to explain the significance of Mathrupooja. The self explanatory Video was posted in the class group at that time, and the students performed the pooja following the instructions. The students sent their photographs to their class teacher.

Many Positive comments were also received appreciating our Vidyalaya's efforts at withholding Tradition and moral values.

SANSKRIT DAY

In connection with Sanskrit day , Chinmaya vidyalaya conducted various online activities for children. Respected Chairman Dr. G Mukundansir , former Principal Smt.Shobhana Devadas and Principal Smt. Shobha Menon gave Sanskrit day greetings to all the members of Chinmaya family. Students participated in various activities like Sanskrit songs, speeches, making greeting cards etc.

WORLD FOOD DAY

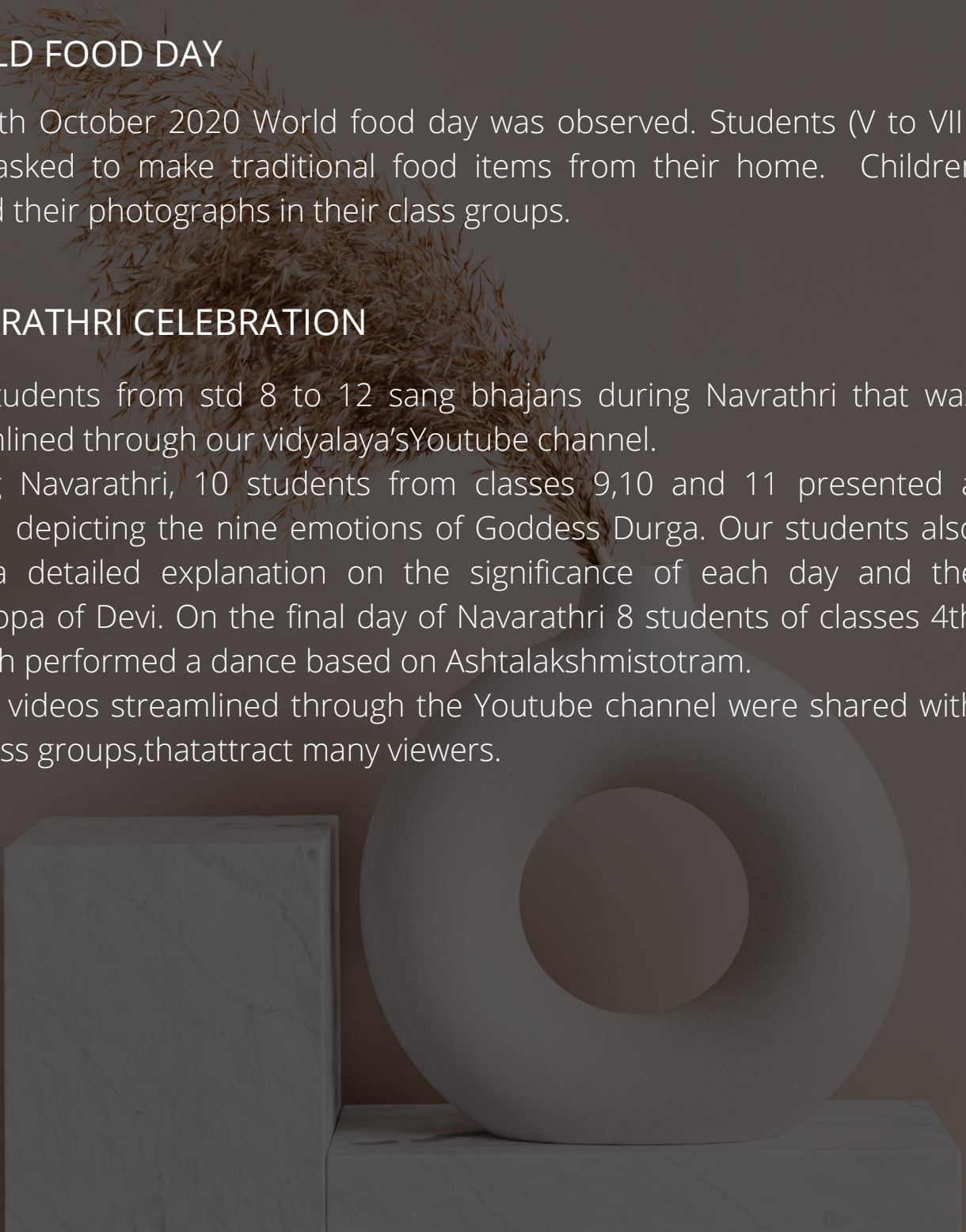
On 16th October 2020 World food day was observed. Students (V to VIII) were asked to make traditional food items from their home. Children posted their photographs in their class groups.

NAVARATHRI CELEBRATION

Our students from std 8 to 12 sang bhajans during Navrathri that was streamlined through our vidyalaya's Youtube channel.

During Navarathri, 10 students from classes 9,10 and 11 presented a dance depicting the nine emotions of Goddess Durga. Our students also gave a detailed explanation on the significance of each day and the swaroopa of Devi. On the final day of Navarathri 8 students of classes 4th and 5th performed a dance based on Ashtalakshmistotram.

All the videos streamlined through the Youtube channel were shared with the class groups,thatattract many viewers.



INCREASE YOUR PRODUCTIVITY-PRANA

Our alumnus, Sudeep Suresh, batch 2008 (Supply chain Analyst ,Target Corporation India)was gracious enough to conduct an orientation for the teachers of the Vidyalaya on 17th October 2020(Saturday) at 11 to 12 noon on the topic "Increase your productivity , Understand Prana ." His talk focused on simple methods to increase our energy levels in order to increase the quality of our productivity.

VIRTUAL TALENT TIME

A virtual talent time was held in our Vidyalaya during this academic year for students of classes 1 to 12 to showcase their talents in a few chosen items under different categories. Each student could participate in a maximum of two items only. Participants posted the videos of the items chosen from 26th October to 4th November in a newly created Google classroom provided by the class teacher.

CHILDRENS' DAY

Childrens' day in Chinmaya Vidyalaya Kolazhy usually meant loads of fun activities and programmes by teachers. This year, with schools closed, all that the children got was a virtual meet and greet. A quiz programme was conducted in connection with childrens' day celebration. The questions were based on the life of Pandit Jawaharlal Nehru.

DIWALI CELEBRATION

Diwali, the festival of lamps signifies the victory of light over darkness, knowledge over ignorance. All teachers showcased a virtual programme.

HINDI DAY CELEBRATIONS

Hindi day celebrations were held virtually with variety of programmes on 14th of September 2020. The program started with a prayer. Followed by a message by our Director of Education Dr.V. Venugopal, Principal Smt.Shoba Menon and Vice Principal Smt.Usha Prem.

Then we had a speech in Hindi which reflected the importance of celebrating Hindi Day on Sep 14th every year. The students of std XII performed a Dance which added extra beauty for the celebrations. Then we had a Hindi poem recitation which also reflected the beauty of Hindi language. Then the students of various classes exhibited their Art forms like posters which gave us a brief description of Hindi language. Then the students of 6 to 8 presented a group song which also reflected the beauty of Hindi language. Atlast the department of Hindi teachers presented Dohas of Kabirdas, the well-known poet of Hindi literature, to give the awareness that even though we all pass through this pandemic situation, we still have the moral values with in us that helps us to face all these difficult situations and to move forward for a better life.

In connection with Hindi Day celebrations various competitions were also conducted.

For Std 1 & 2: - Recitation in
Hindi

Std 3: - Handwriting in
Hindi

Std 4 & 5: - Speech in Hindi

HONOURING NON TEACHING STAFF

It is customary to honour non-teaching staff who complete 25 years of service in the Vidyalaya on Kerala Piravi day. This time Shri Ravindrakumar R – estate assistant was hounoured virtually.

MAGAZINE RELEASE

The Vidyalaya Annual Magazine 'Chinmaya Dhwani' was released online on 28th of November 2020 at 11AM by Director Of Education CA (Dr) V Venugopal. The programme began with a Prayer , followed by Welcome address by Principal Smt. Shoba Menon. The Editors Smt. Latha Narayanan & Smt. Nina Manoranjith provided a glimpse of the magazine through a slide show. This was then followed by the release of the magazine by Dr V Venugopal and message by Dr. G Mukundan, Chairman, Academic Council.

TAPOVAN JAYANTHI

Our Vidyalaya had trained a group of students for a special performance of Bhagavad Gita Chanting organized by Chinmaya Mission to celebrate the occasion of Tapovan Jayanti. CCMT celebrated Tapovan Jayanti on 25th December 2020 and the mission members all over the globe had participated. It was indeed a great opportunity for all Chinmaya Vidyalayas to chant the Gita during the programme.

VIGILANCE AWARENESS WEEK

For inculcating greater awareness on vigilance in public life, schools were requested to encourage teachers, staff members and senior students (Classes X to XII) to take 'e-Integrity Pledge' during the period 27.10.2020 to 02.11.2020 on the official portal of Central Vigilance Commission website i.e. 'Integrity Pledge for Citizens. 899 Students from class 6 participated in the pledge, 75 teachers and 11 non-teaching staff also took the pledge and received the certificate.

CHINMAYA BALKRISHNA

Chinmaya Balkrishna is a grand new place of adventure where children play ,learn and grow. During this pandemic, children had definitely missed the experience of that wonderful place but all the activities were conducted online with full enthusiasm.



Classes were conducted through Whats app video calls. Google Meet sessions were conducted at the end of every week for different activities as well as interaction with parents. Apart from live sessions, recorded videos were posted in Google classroom .



Colour days were celebrated every month. Children were instructed to attend the class wearing a particular coloured dress of their choice and they were expected to speak a few words about the colour. And the children enjoyed learning the beauty of colours through different activities.

Our Children also enjoyed special days like FRUITS DAY, and VEGETABLES DAY. Preparing Fruit salad was the activity on Fruits day and Sandwich making on Vegetable day. Both were done live through Whats app video call.

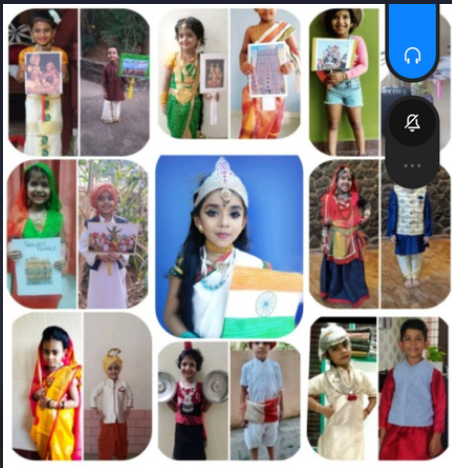
An online fancy dress programme was conducted in the month of December. Even though it was conducted online ,it was a wonderful programme which the parents ,children, and teachers enjoyed alike.To see the Tiny tots dressed up as different characters and speaking about their character was indeed winsome. All the participants were awarded a beautifully designed E- Certificate which had their photo in the fancy dress character.



Festivals like SREEKRISHNA JAYANTHI, ONAM, KERALAPIRAVI, CHILDRENS DAY, CHRISTMAS etc were all celebrated with great enthusiasm. Children performed dance, delivered speeches, and participated in different cultural programmes through Google Meet sessions. National festivals were also celebrated

In connection with Navaratri our little ones performed Mathrupooja which helped the children imbibe respect towards their mothers who represent Goddess DEVI according to our culture.





Important days like Guru poornima, Environment day etc were also observed which helped the children to understand the significance of those days .

Theme based presentation was conducted every month. Every month a specific theme was given to the children and they had to perform according to the theme. They could dress up accordingly and perform either an Action song or narrate Story or Speak a few sentences on the theme. This programme had definitely helped to improve the communication skill and confidence of the children.

Virtual KIDS FEST was conducted .The top five performances were uploaded in the Chinmaya Vidyalaya you tube channel. As a token of appreciation all the participants were awarded an E.Certificate. At the end of the academic year almost all the parents expressed their happiness with the manner in which we had tuned our tiny tots to this virtual platform.



CHINMAYA DHUN

Chinmaya Dhun, the Pulse of Chinmaya is formed (came into being) on 29th November 2020 with a cluster of seven members under the perfect guidance of Principal Smt Shoba Menon with the prime intention of extending the excellence of our Vidyalaya in its various aspects and realms through a video series reaching to a wider audience through the Virtual platform of You Tube. The Dhun series resonates the true Chinmaya spirit exploring the multifaceted attributes of our Vidyalaya.

The series is released through our You Tube channel once in

The first episode of Dhun series was streamed on 12th December voicing Why I love my Vidyalaya projecting the heartfelt opinions and feelings of our true assets , our own students, about their Vidyalaya.

Second episode of the series on 26th December 2020 was on the positive thoughts and feelings shared by a few of our students' parents ,our brand Ambassadors ,about the Vidyalaya.

The third Episode of the series streamed on 9th January 2021 was about Chinmaya Balkrishna ,the guiding force which provides the strong background for character building at the very budding stage of a child.

On 23rd January 2021 the fourth episode of the series came up with a detailed account of the everlasting course of events and celebrations that we solemnize through out the Academic year of our Vidyalaya.

6th February 2021 witnessed the second part of Why I love my Vidyalaya by another bunch of our students through the 5th episode of the series.

The sixth episode of Dhun series on 20th February 2021 presented the remarkable legacy of our teachers with exemplary achievements both in profession and in passion.

The seventh episode of Dhun on 6th March 2021 brought in the third part of Why I love my Vidyalaya with yet another group of students sharing their love for their vidyalaya.

The eighth episode on 20th March 2021 culminated the Chinmaya Dhun series for the Academic year 2020 -21. The episode took all of us to an awesome journey through the saga of achievements of the vidyalaya. The long line of rewards and recognitions, the school possesses itself proclaims the glory and uniqueness of our Vidyalaya.

May Poojya Gurudev ,Swami Chinmayananda bless our Vidyalaya to strive to achieve more honours and grandeurs in the years to come.

Hari Om!